Let's Dine

MONDAY

Spicy Chilli Con Carne

Red Tractor Minced Beef Cooked in a Spicy Tomato Sauce Served with Rice

Quorn Chilli Con Carne

Quorn Mince Cooked in a Spicy Tomato Sauce Served with Rice

> Rice Nachos Garden Peas Tender Sweetcorn

Chef Choice of Pudding

TUESDAY

Chicken Balti

Chicken Cooked in Aromatic Curry Sauce Served with Rice

Vegetable & Quorn Balti

Vegetable & Quorn Pieces Cooked in Aromatic Curry Sauce Served with Rice

> Rice Bombay Potatoes Naan Bread Garden Peas

Chef Choice of Pudding

WEDNESDAY

Hearty Chicken Stew

Succulent Chicken with Seasonal Root Vegetables Served in Rich Chicken Sauce

Vegetable & Quorn Stew

Chunky Root Vegetables & Quorn Pieces in a Rich Sauce

Buttery Mashed Potato
Crusty Bread
Buttered Carrots
Broccoli Florets

Chef Choice of Pudding

THURSDAY

Cajun Chicken

Chicken Cooked in Aromatic Cajun Spices with Peppers, Onions and Mushrooms

Cajun Vegetable Bake

Vegetables Cooked in Aromatic Cajun Spices Topped with Cheese

Noodles
Garden Peas
Tender Sweetcorn

Chef Choice of Pudding

FRIDAY

Fish Selection

Golden Coated Fish or Fishcakes

Veggie Nuggets

Seasonal Vegetable in Golden Breadcrumbs

Chicken Nuggets

Golden Coated Chicken Served with a Choice of Sauce

> Chips Baked Beans Mushy Peas Gravy

Chef Choice of Pudding

Also available

Chicken Wrap

Southern Fried Chicken in Tortilla Wrap

Pizza

Italian Pizza Base Topped with 5 a day Tomato Topping and Glazed with Cheese

Oven Baked Jacket Potatoes
Topped with a Selection Daily
Fillings



