

# RO33 – Young Adulthood (19-45)



Describe the milestones of growth and development that the individual has experienced during young adulthood (19–45 years), using PIES.

MB1: 1–2 marks	MB2: 3–4 marks	MB3: 5–6 marks
Brief description of growth and development of the individual through the life stage, using PIES.	Sound description of growth and development of the individual through the life stage, using PIES.	Comprehensive description of growth and development of the individual through the life stage, using PIES.

Key Milestones	
University	Bereavement
Marriage	Menopause
Buying first home	Learn a new skills
Moving house	Divorced
Having children	Second marriage
New job	Miscarriage
Promotion	Carer
Train in a new job	New friends

Keyword	Definition
Milestone	A significant stage or event in someone’s development.
Describe	Give an account including all the relevant characteristics, qualities or events
Brief	Work includes a small number of relevant facts or concepts but lacks detail, contextualisation or examples
Sound	Valid, logical, shows the student has secured most of the relevant understanding, but points or performance are not fully developed. Applies understanding and skills to produce the wanted or intended result in a way that would be useable
Comprehensive	The work produced is complete and includes everything required to show depth and breadth of understanding. Applies the understanding and skills needed to successfully produce the wanted or intended result in a way that would be fully fit-for-purpose



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PHYSICAL	
Physical	Developments to your body
Gross motor skill	Use large muscles in the body which cause large movements.
Fine motor skill	Use smaller muscles and create small movements.
Mobility	The ability to move freely at the joints.
Body changes	Weight, reactions, senses and strength.
Sexual characteristics	Fertility Sexually mature
Menopause	When a women stops menstruating.
Aging characteristics	Skin, hair and posture

INTELLECTUAL	
Intellectual	Developments in your brain
Language development	Wide range, confident
Sentence construction	Well established
Logical thinking	Analysing a situation and coming up with a sensible solution.
Problem solving	Achieving a goal by overcoming obstacles.
Decision making	Making a choice based on the information provided.
Deterioration of mental abilities	Degeneration of the brain can begin.

EMOTIONAL	
Emotional	Developments to your feelings
Bonding	Close connection which someone.
Attachment	Affection or fondness for someone or something.
Independence	Not reliant on others
Self confidence	A feeling of trust in your abilities
Self image	The ideas of your appearance and personality.
Self esteem	Confidence in your own worth.
Love and Affection	An intense feeling of deep fondness or liking.

SOCIAL	
Social	Developments to your relationships
Relationships	A connection with someone else
Social skills	Interactions with another person
Responsibilities	Being accountable.

**Examples**

**Give examples for each point made. Give an age and link it to PIES.**

