Year 10 - RSE - Respectful Relationships/Intimate and Sexual Relationships

Key Terms

Sexting	Sending sexually explicit messages or photos electronically, primarily between mobile phones and/or the internet
Pornography	Printed or visual material containing the explicit description or display of sexual organs or activity
Body Image	How and what you think and feel about your body
Revenge Porn	Sexually suggestive images or videos of someone, typically a former romantic partner, that are posted online or otherwise shared without the person's consent.

RSE covers a variety of topics and focuses on developing understanding of different aspects of relationships. This includes with yourself, friendships, romantic and sexual relationships







Sexting and Sexual Images

Sexting is illegal for anyone under 18 - This is child pornography

REVENGE PORN

Known as Image Based Sexual Abuse

The criminal offence broadly has three elements which need to be proven:

- 1. Disclosure of a private sexual photograph or film;
- 2. Without the consent of the person depicted; and
- 3. With the intention of causing that individual distress

It is punishable by up to 2 years in prison

Key Skills

- Active listening and communication
- Teamwork
- Presentation and debate

Pornography

Printed or visual material containing the explicit description or display of sexual organs or activity. It rarely shows sex as it is in real-life - often showing violent behaviours, lack of consent and use of contraception

Sexualisation in the Media

The media uses images of sex to get people's interest and to sell products. This can lead to issues with body image and unrealistic ideas about how people should act.

Delaying Sexual Activity

There is sometimes pressure on young people to start having sex. There are many positives to delaying sexual activity. Sexual activity should always involve consent.