

Year 8 - RSE - Intimate and Sexual Relationships

Key Terms

Consent	An agreement which is given willingly and freely without exploitation, threat or fear, and by a person who has the capacity to give their agreement
Contraception	The methods that are used to prevent pregnancy (some reduce the risks of catching an STI too)
Authoritarian	Someone who demands that people obey completely and refuses to allow them freedom to act as they wish
Love	An intense feeling of deep affection.

RSE covers a variety of topics and focuses on developing understanding of different aspects of relationships. This includes with yourself, friendships, romantic and sexual relationships

Key Skills

- Active listening and communication
- Teamwork
- Presentation and debate

Contraceptive

Reducing Pregnancy

Way 1: Block the sperm (Barrier method) from reaching the egg. For example, condom.

Way 2: Disable sperm before they reach the uterus (This method may be combined with the barrier method). For example, spermicides.

Way 3: Suppress ovulation in women. For example, the pill.



Threshold Concepts:

TC7	That there are different forms of contraception
TC8	That there are different types of relationships, including those within families, friendships, romantic or intimate relationships
TC9	That consent must be freely given, without manipulation or coercion

Teenage Pregnancy

When a girl aged 13-19 gets pregnant. However, when people talk about 'teen mothers' they are usually talking about ages 12-17.

Parenting

Parenting means being a parent - a caregiver for a child. There are four main parenting styles: Authoritarian, Authoritative, Permissive and Uninvolved