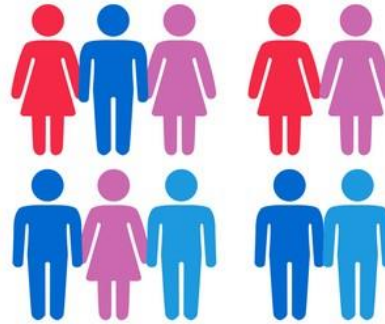


Year 11 - RSE - Respectful Relationships/Sexual and Intimate Relationships

Key Terms

Asexuality	Having little or no sexual feelings or desires for others
Monogamy	The most common form of relationship - a sexual relationship that has developed between two people only
LGBTQIA+	Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual +
Gender Expression	The way we show our gender to the world
Toxic Masculinity	An expression of manhood which depends on being tough, unemotional, strong physically or financially, and powerful
STIs	Sexual Transmitted Infections
Chlamydia	A common STI which can cause fertility problems in females

RSE covers a variety of topics and focuses on developing understanding of different aspects of relationships. This includes with yourself, friendships, romantic and sexual relationships



Child-on-Child Abuse

Child-on-Child Abuse (previously referred to as Peer-on-Peer Abuse) includes, but is not limited to:

- Physical and sexual abuse
- Sexual harassment and violence
- Emotional harm
- Online and offline bullying
- Teenage relationship abuse

It can even include grooming children for sexual and criminal exploitation.

Key Skills

- Active listening and communication
- Teamwork
- Presentation and debate

Sexual Health

Sexual health is a state of physical, mental and social well-being in relation to sexuality.

This includes thinking about: contraception, consent and coercion

Contraception

Condom - Made of latex, put on to an erect penis before penetration

Abstinence - Restraining yourself from having any form of sexual contact

Contraceptive Pill - Contains hormones and is taken daily (often at the same time every day) by women. Stops the lining of the Womb thickening

Implant - A small tube inserted under the skin (usually in the arm). It releases hormones which prevent pregnancy