

**Self-quizzing**

Students should spend at least 2 hours per week self-quizzing at home. This forms the majority of student independent learning. This is because students need to understand the key knowledge for each subject before they can use this knowledge effectively to carry out other skills such as evaluation and application. Students should revisit content uploaded to Microsoft Teams by their subject teachers, to strengthen their recall of prior learning.

To self-quiz students should:

- LOOK: students should select a section of the content to read over. This could be a topic they have covered in their last lesson, or an older topic that they need to revisit.
- COVER: students close down the resource on teams.
- WRITE: students write down everything they can remember from this section (this could be on A4 paper or in a blank exercise book or on a word document).
- CHECK: students check their answers against the content uploaded and correct any mistakes and add any missing information in a different colour pen or font colour.



It is also possible for parents and carers to question students verbally on the key knowledge, to see how much they can recall. This important to help build confidence in students' knowledge of topics and gives parents a clear view of the learning that is taking place.

It is important that students need to keep repeating this process until they understand and can recall all of the information. This can be a lengthy process, but is essential if information is to move into students' long term memory. This means students will store the information for a much longer period of time, and can access it more easily.

**An example:**

Date, topic title

Information recalled in black pen

Improvements, corrections in green pen

Having this key knowledge embedded will then allow students to access the more challenging skills such as analysis, evaluation and help develop independent thinkers.