

# Curriculum Learning Journey: CNAT Health and Social Care



CNAT Health and Social Care will provide learners with essential knowledge, transferable skills and tools to improve their learning in other subjects with the aim of enhancing their employability when they leave education, contributing to both their personal development and future economic well-being.



**MAY: Work sent to Exam Board**

Preparation for external assessment Unit RO32:  
**Principles of Care in HSC settings**  
**Topic 1: Rights of individuals in HSC**  
**Topic 2: Person-centred values**

Year **11**

- Task 2**  
You will be set a task to write a plan for your campaign.
- Task 3**  
You will deliver your campaign in a presentation.
- Task 4**  
You will be set a task to evaluate your own presentation.

**Task 1b.**  
You will be set a task to produce information on a specific health promotion campaign.

**Task 1a.**  
You will be set a task on a public health challenge and campaign.

**Topic 4: Deliver and evaluate a health promotion campaign**  
You will look at how to introduce, deliver, evaluate and gain feedback on your campaign.

**Topic 3: Plan and create a health promotion campaign.**  
You will look at Aims, timescales, communication and delivery of a campaign.

YEAR 10 **Summer Term**



In this unit you will have the opportunity to explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society. You will understand the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. You will also learn how to plan and deliver your own small-scale health promotion campaign and how to evaluate your planning and delivery.

**Topic 1: Current Public Health issues and impact on society**  
Looking at what makes a healthy society, current challenges, organisations and current campaigns and benefits.

**Topic 2: Factors influencing health and wellbeing**  
looking at health and wellbeing, lifestyle choices, education and access to healthcare, hygiene and mental health, barriers to support

**RO35 Health Promotion Campaigns**

YEAR 10 **Spring Term**

There are 4 topics to be taught followed by an NEA assessment and Health Promotion campaign. This forms 30% of your final mark.

**Task 2 B**  
You will be set a task on researching and recommending support to meet individual needs, this may be on a local or national level.

**Task 2 A**  
You will be set a task on life events and sources of support for individuals. In this task you will need to interview a real person.

**Task 1 A**  
You will be set a task on growth and development through a life stage, this can be any of the 5 studied.

**Topic 1: Life Stages**  
Look at 5 different life stages, factors affecting growth and development and PIES.

**Topic 2: Impacts of Life events.**  
Looking at expected and unexpected life events and their impact.

**Topic 3: Sources of support**  
Looking at the roles of practitioners, meeting needs and personalised support.

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

**RO33 Supporting individuals through life events**

Pupils will need to know how to support individuals to maintain their rights, the importance of the values of care and how they are applied. Pupils will have to know how legislation impacts on care settings.

YEAR **10**



There are 3 topics to be taught followed by an NEA assessment. You will have deadlines to meet and this work will form 30% of your final grade.

Key Stage 4

Key Stage 3