## **PHSE Learning Journey** Ensuring COMMUNITY Excellence The Telford ACADEMIES TRUST Achievement ◆ Academic ◆ Personal ◆ Social Understanding and Applying PHSE Skills Study Skills British Values Understanding how to **Exam Skills** Personal Safe internet use manage finances Applying Experience Development skills to further education Anxiety Sleep Post - 16 SUM 1 **Destination** Exam Stress Management Work/Life ₹0 Balance Dark Web War on Rights and Instagram Writing a Cosmetic Responsibilities Drugs Personal Generation Surgery Addiction Statement Classifications Festivals, Drugs and **YEAR** Nitrous Oxide AUT 2 AUT 1 SUM 2 Party Drugs Drugs - NPS Virtual Targeted Digital Preparing Reality CV Writing Binge Drinking for a Job Advertising Footprint Interview Employment Keeping Data Self-Harm Modern Day Rights Slavery Safe Mental Health **YEAR** Preparing for AUT 1 SPR 1 AUT 2 Work Experience First Aid Cancer Prevention Suicide How Do We Honour Based MUS Exploring a Choose a CSE Online Violence Payslip Career? What Rights Different Saving and Social Media do We Have Media and Volatile Types of Managing Screen as Shoppers What is Debt? Airbrushing Diet Addiction Substances Time Consumers? Online Gambling SUM<sub>1</sub> SPR 2 SPR 1 From Failure Preventing Comes Success Employment and Knife Selfies Exercise Financial Management Cannabis Intro to Crime Drugs County Healthy Eating Lines -Avoiding Who is Cyber Bullying **YEAR** Gangs at Risk? Cholesterol Stress Alcohol Safety Mental Health Management Careers Grooming **Anxiety** Careers **YEAR** SPR 1 SUM 2 AUT 2 SUM 1 SPR 2 AUT 1 Exploring Careers Labour Market Health and Employability Social Media and Info County Lines -Wellbeing Positive Body Substance Skills Self-Esteem What is it? **Image** Misuse SUM 2 Transition to Financial Budgeting What is Secondary Education ! PHSE? Energy Staying Safe School Food and Smoking Drinks Online What is a Exercise SUMI Community? Careers and the Future SPR 2 AUT 1 AUT 2 SPR 1 **Aspirations** Alcohol Getting to The What is Know People Types of Online Gaming Vaping **Importance** Resilience? Bullying of Self-Esteem Knife Crime